

Some Simple Truths About Human Homeopathy

- Homeopathy works with the natural healing process and has been used successfully for almost 250 years.
- Homeopathy is safe to use, even in pregnancy and the very frail; not one incidence of harm has been recorded.
- Homeopathy can be used alongside conventional medicine.
- Homeopathy is non-toxic, non-addictive and is virtually free from side-effects.
- Homeopathy has been used for almost 250 years and is well established in Europe, India and South America.
- 500M people worldwide use homeopathy.
- Homeopathy has been available on the NHS since its inception in 1948.

Homeopathic medicine

Homeopathic medicines are not tested on animals. The British Homeopathic Association emphatically does not fund any research that involves experiments on living animals.

Regulation/National Health Service (NHS) in UK

- Five NHS homeopathic hospitals were established after The Faculty of Homeopathy Act in 1950.
- Almost 40% of GP practices now refer NHS patients to complementary therapists, including medical homeopaths.
- Homeopathic medicines are regulated by the Government via the Medicine and Healthcare Products Regulatory Authority (MHRA).
- The legislation supports patient choice and allows patients to choose homeopathy.
- The homeopathic approach is valued by patients. Evidence-based medicine must take into account what happens in the real world to real patients, not just the results of clinical trials.

Research in Humans

- There is a growing evidence-base to show that homeopathy is effective in a wide range of conditions seen in general practice.
- Research has demonstrated that homeopathy is not the same as placebo.

- Four out of five meta-analyses of homeopathy overall show positive effects for homeopathy in the following conditions: hay fever, post-operative ileus, rheumatoid arthritis, and childhood diarrhoea.
- Randomised controlled trials using homeopathy show a positive outcome for a growing range of conditions – asthma, glue-ear, influenza, pain, anxiety, ADHD, chronic fatigue syndrome, IBS, migraine, osteoarthritis and PMS.
- There is a healthy research culture across Europe – 35 PhD students are investigating homeopathy in this country alone in 2008.

For further information, I would go to the following link at the [Faculty of Homeopathy](#)